



THE WHOLE HEALTH CENTRE

ANNE-LISE MILLER

Nurturing mind, body and soul with the correct information and an integrative approach

Colonic Hydrotherapy (initial consultation) **£110**

- Single treatment **£95**
- *Course of 3 treatments **£270**
- *Course of 6 treatments **£510**

Nutritional Counselling (initial consultation) **£110**

- Follow up **£80**

Stop Smoking in One Hour Guaranteed

- 95 % success rate; one off payment **£300**

Kinesiology-Emotional Balancing (initial consultation) **£110**

- Follow up (1 hour) **£80**

Food Sensitivity Testing (with 15 minutes consultation)

- From **£199** to **£325**

DUTCH

(Complete Hormonal Profile)

- Urine test **£299**

* Treatment courses are valid for 6 months

Reflexology

- From **£45** (30min) to **£85** (90min)

Thai-Sports-Deep Tissue Massage

- From **£55** (30min) to **£95** (90min)

Pregnancy Massage

- From **£45** (30min) to **£85** (90min)

Four Hands Massage

- From **£65** (30min) to **£110** (60min)

Osteopathic Manipulation (OMT)

- From **£55** (30min) to **£95** (90min)

Aromatherapy (initial consultation) **£110**

- Follow up **£80**

Laser and Light therapy (initial consultation) **£110**

- Follow up (30min) **£45**

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DETOX PROGRAMMES IN LONDON

➤ **EXPRESS DETOX**

The programme lasts 10 days and comprises:

- Three Colonic Hydrotherapy Treatments
- Nutritional recommendations and educational material with easy to follow instructions
- UltraClear PLUS Ph® metabolic clearing and detox booster
- A complimentary skin brush

Complete programme £325

➤ **ASSISTED JUICE FAST AND TISSUE CLEANSING**

The programme lasts 8 days and comprises:

- Six Colonic Hydrotherapy Treatments with herbs and coffee
- A strong probiotic implant on the last treatment
- Nutritional recommendations and educational material with easy to follow instructions
- A Psyllium and clay bowel cleanser
- A complimentary skin brush

Complete programme £580

➤ **BEAT CANDIDA PROGRAMME**

The complete programme lasts 6 to 12 weeks and comprises:

- Six Colonic Hydrotherapy Treatments using herbs
- A strong probiotic implant on the last treatment
- Specific laboratory testing for Candida and yeast
- Nutritional recommendations and educational material with easy to follow instructions
- A specific nutritional supplement programme

Complete programme £670

➤ **PARASITE CLEANSE**

The complete programme lasts three weeks and comprises:

- Three Colonic Hydrotherapy Treatments with specific parasite busting herbs
- An intense herbal supplement programme with proven efficacy against a wide range of parasites
- An optional laboratory test before and after (additional cost)

Complete programme £330



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DETOX PROGRAMMES IN LONDON

➤ **LIVER AND GALL BLADDER CLEANSE**

The complete programme lasts one month* and comprises:

- Three Colonic Hydrotherapy Treatments with coffee implant
- Nutritional recommendations and educational material with easy to follow instructions
- A complete herbal programme
- A complimentary skin brush

Complete programme £365

➤ **GALL BLADDER FLUSH**

The Programme includes:

- Two Colonic Hydrotherapy Treatments plus an additional treatment within a month of completing the flush with coffee implant
- Nutritional recommendations and educational material with easy to follow step by step instructions

Complete programme £270

➤ **TARGETTED WEIGHTLOSS**

Each week comprises:

- A Colonic Hydrotherapy Treatment
- A motivational session incorporating EFT and addressing possible underlying issues
- A tub of UltraClear PLUS Ph® metabolic clearing and detox booster

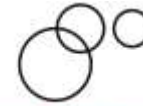
Complete programme per week £140

➤ **ALKALISING CLEANSE**

The cleanse lasts 21 days and comprises:

- Three Colonic Hydrotherapy Treatments
- Nutritional recommendations and educational material with easy to follow instructions
- A Ph balance supplement
- Ph measurement strips to monitor progress

Complete programme £330



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URBAN DETOX RETREATS IN LONDON

➤ DETOX DAY

The day includes:

- 1 x Colonic
- 1 x Massage
- 1 x Reflexology treatment
- 1 x guided meditation
- 2 x juices and detox supplements for the day

Complete programme £275

➤ DETOX WEEKEND

Weekend comprises:

- 2x Colonic hydrotherapy
- 1x Massage
- 2x Reflexology treatments
- 1x personalised consultation
- 3x mindfulness classes
- 2x Meditation
- 1x Art Therapy Class
- 6x Juices and detox blend

Complete programme £499

➤ EXTRA TREATMENT ON URBAN RETREATS

Subject to availability, additional treatments can be booked on your Urban Detox Retreat

- Reflexology 30 minutes **£30**
- Reflexology 60 minutes **£60**
- Reflexology 90 minutes **£85**

- Massage 30 minutes **£35**
- Massage 60 minutes **£65**
- Massage 90 minutes **£95**